

**Pediatric Orthopedic and Scoliosis  
Physical/Occupational Therapy Referral**

Recommended Therapy Location: \_\_\_\_\_/Therapist: \_\_\_\_\_

Freq: 1 2 3 4 5 visits Weekly for 4 6 8 12 \_\_\_\_\_ weeks BRACE: Type \_\_\_\_\_ x \_\_\_\_\_ hours/day

Referring Diagnosis: \_\_\_\_\_ LEFT/RIGHT \_\_\_\_\_ ICD Codes: \_\_\_\_\_

Spine:

- Low Back Pain
- Dorsalgia
- Scoliosis
- Kyphosis/Lordosis/Flatback
- Juvenile Idiopathic Scoliosis
- Adolescent Idiopathic Scoliosis
- Lumbar Spondylolysis
- Spondylolisthesis

- Osgood Schlatter
- Patellofemoral Pain Syndrome
- Tibial Spine Fracture
- ACL tear
- Discoid Meniscus
- Patellar Instability/Dislocation
- Jumper's Knee
- Sever's Disease
- Ankle Sprain

Cobb angle: Prox. Thoracic \_\_\_\_\_  
 Thoracic \_\_\_\_\_  
 Lumbar \_\_\_\_\_

Other:

- Pain in Joint - Specify: \_\_\_\_\_
- Pain in Limb - Specify: \_\_\_\_\_
- Contracture - Specify: \_\_\_\_\_
- Abnormal Gait - Specify: \_\_\_\_\_
- Fracture - Specify: \_\_\_\_\_
- Avulsion Fracture - Specify: \_\_\_\_\_
- Osteochondritis Dissecans - Specify: \_\_\_\_\_
- Other Diagnosis: \_\_\_\_\_
- Please Contact Physician's Office

Upper Extremity:

- Multidirectional Shoulder Instability
- Little League Shoulder
- Little League Elbow

Lower Extremity:

- Slipped Capital Femoral Epiphysis (SCFE)
- Legg Calves Perthes
- Developmental Hip Dysplasia

**Surgical Information:** Date of Surgery: \_\_\_\_\_ Next Physician Appt: \_\_\_\_\_

Restrictions: WB Status: \_\_\_\_\_ ROM Status: \_\_\_\_\_ Other: \_\_\_\_\_

**Operative Note will be included.** If you have not received the document, please contact the office listed above

Procedure Notes/Past Surgical History: \_\_\_\_\_

Evaluate and Treat

**Treatment Recommendations:**

- Schroth Based Rehabilitation program
- Functional progression as tolerated
- Sports Performance/RTS Testing
- Home Exercise Program

- Modalities as Needed / Determined by Therapist
- Dry Needling
- E-Stim for Muscle Re-Education
- Iontophoresis w/ Dexamethasone to \_\_\_\_\_
- Other: \_\_\_\_\_

**Additional Notes/Instructions:** \_\_\_\_\_

I certify that this prescribed therapy is medically necessary,

AM  
 PM

\_\_\_\_\_  
 Provider Signature

\_\_\_\_\_  
 Print Name

\_\_\_\_\_  
 NPI/MHHS ID.

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Time

\_\_\_\_\_  
 Contact No.

Pediatric Orthopedic and Scoliosis  
 Physical/Occupational  
 Therapy Referral



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

DOB: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

**SOUTHWEST**

- 1 Southwest**  
7789 Southwest Fwy., Suite 570  
Houston, TX 77074  
713.456.5221 F: 713.456.5229
- 2 Rockets Sports Medicine Institute-Sugar Land**  
17520 W. Grand Pkwy. S., Suite 100  
Sugar Land, TX 77479  
281.725.5895 F: 281.725.5898
- 3 Sugar Land-Williams Trace**  
14857 Southwest Fwy., Sugar Land, TX 77478  
281.242.8900 F: 281.242.0355
- 4 Sienna**  
8790 Hwy. 6, Suite 140, Missouri City, TX 77459  
281.778.1822 F: 281.778.1826
- 5 Wharton**  
2018 Regional Medical Center Dr., Suite 1301  
Wharton, TX 77488  
979.532.0888 F: 979.532.0889

**WEST**

- 6 Memorial Hermann Katy**  
23960 Katy Fwy., Suite 100, Katy, TX 77494  
281.644.7880 F: 281.644.7888
- 7 Town and Country**  
650 W. Bough Lane, Suite 168  
Houston, TX 77024  
832.658.3150 F: 713.722.7051
- 8 Rockets Sports Medicine Institute-Katy**  
23910 Katy Fwy., Suite 100, Katy, TX 77493  
281.500.6100 F: 281.500.6101
- 9 Rockets Sports Medicine Institute-Memorial City**  
10125 Katy Fwy., Suite 100, Houston, TX 77024  
713.242.2270 F: 713.242.3931
- 10 Convenient Care Center-South Katy**  
22430 Grand Corners Dr., Katy, TX 77494  
281.371.1850 F: 281.371.1851

**SOUTHEAST**

- 11 Pasadena**  
4804 E. Sam Houston Pkwy. S., Suite 200  
Pasadena, TX 77505  
281.487.4457 F: 281.991.0336
- 12 Southeast**  
Medical Plaza I, 11914 Astoria Blvd., Suite 620  
Houston, TX 77089  
281.929.4475 F: 281.929.6276
- 13 Pearland West-Silverlake Village**  
3149 Silverlake Village Dr., Suite 120  
Pearland, TX 77584  
713.436.8869 F: 713.436.1838
- 14 Pearland East**  
5032 W. Broadway, Pearland, TX 77581  
281.485.4044 F: 281.485.4081
- 15 Convenient Care Center-League City**  
2555 S. Gulf Fwy., League City, TX 77573  
832.932.9820 F: 832.932.9825
- 16 Alvin-Thelma Ley Anderson YMCA**  
3201 S. Hwy. 35, Alvin, TX 77511  
281.331.9559 F: 281.331.8875

**EAST**

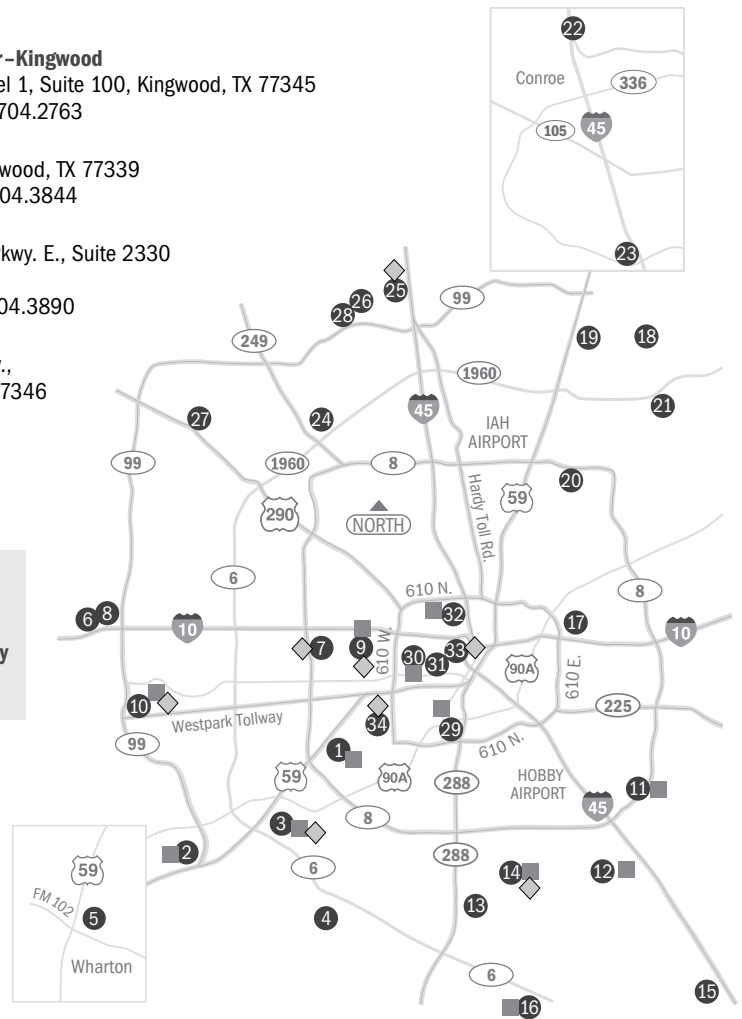
- 17 East Houston**  
10907 I-10 East Fwy., Houston, TX 77029  
713.674.2573 F: 713.674.3081

**NORTHEAST**

- 18 Convenient Care Center-Kingwood**  
4533 Kingwood Dr., Level 1, Suite 100, Kingwood, TX 77345  
832.658.4310 F: 713.704.2763
- 19 Kingwood West**  
601 Rockmead Dr., Kingwood, TX 77339  
713.814.2530 F: 713.704.3844
- 20 Fall Creek**  
9522 N. Sam Houston Pkwy. E., Suite 2330  
Humble, TX 77396  
713.814.2510 F: 713.704.3890
- 21 Atascocita**  
13531 Will Clayton Pkwy.,  
Suite 600, Humble, TX 77346  
713.814.2520  
F: 713.704.3891

**OUR LOCATIONS**

- Physical Therapy
- Occupational Therapy
- ◆ Schroth Therapy



**NORTH**

- 22 Conroe**  
2956 I-45 North, Suite 500, Conroe, TX 77303  
936.441.4422 F: 936.441.4427
- 23 South Conroe**  
690 S. Loop 336 W., Suite 120  
Conroe, TX 77304  
936.270.6020 F: 936.270.6025
- 24 Willowbrook**  
19760 State Hwy. 249, Houston, TX 77070  
281.469.9397 F: 281.469.9756
- 25 The Woodlands**  
Medical Plaza 4, 9180 Pinecroft Dr., Suite 200  
The Woodlands, TX 77380  
713.897.2549 F: 713.897.2544
- 26 The Woodlands-Sterling Ridge**  
10333 Kuykendahl, Suite C  
The Woodlands, TX 77382  
832.813.7023 F: 832.813.7099
- 27 Cypress**  
27700 Northwest Fwy., Suite 130  
Cypress, TX 77433  
346.231.6900 F: 346.231.6901
- 28 Convenient Care Center-Spring**  
7474 N. Grand Pkwy., Suite 300, Spring, TX 77379  
281.374.5440 F: 281.374.5445

**CENTRAL**

- 29 Rockets Sports Medicine Institute-Texas Medical Center**  
6400 Fannin, Suite 1620, Houston, TX 77030  
713.704.2200 F: 713.704.9005
- 30 Greenway Plaza**  
3651 Wesleyan St., Suite 110, Houston, TX 77027  
713.850.8472 F: 713.850.8490
- 31 Rockets Sports Medicine Institute-Shepherd Square**  
2085 Westheimer Rd., Houston, TX 77098  
713.526.6143 F: 713.527.8215
- 32 Greater Heights**  
300 North Loop, Suite 300, Houston, TX 77008  
713.867.2300 F: 713.867.2545
- 33 Convenient Care Center-Greater Heights**  
1431 Studemont St., Houston, TX 77007  
346.701.3820 F: 346.701.3825
- 34 Bellaire**  
5420 W. Loop S., Suite 1400, Bellaire, TX 77401  
713.314.4531 F: 713.314.4579

**MEMORIAL  
HERMANN**  
Sports Medicine &  
Rehabilitation