

**SM&R Referral for Rehabilitation Services
Hand and Occupational Therapy**

Phone: 713-521-0020 or 1.888.301.8477
Fax: 713.874.1798 or 1.888.504.8477 memorialhermann.org

Date: _____ Precautions: _____

Patient Name: _____ Phone: _____

Diagnosis: _____ ICD 10 Code: _____ L Code: _____

Date of Injury: _____ Date of Surgery: _____ Procedure: _____

Frequency (Days per week, check one) 1 2 3 4 5 for _____ weeks Area to be Treated: _____

Evaluate & Treat Treat as indicated below

Therapeutic Activities/Exercise

- AROM for _____
- AAROM for _____
- PROM for _____
- Joint Mobilizations
- Stretching
- Manual Therapy
- Joint Blocking
- Strengthening to begin at _____ wks p-op
- Putty Exercises
- Tendon Glides
- Nerve Glides
- Sport Specific Training
- Tendon Acceleration
- Flexor Tendon Protocol

Therapeutic Modalities

- Wound Care/Dressing Change
- Therapist's Choice
- Cryotherapy
- Thermotherapy
- Electrical Stimulation
- Ultrasound
- Scar Management/Soft Tissue Mobilization
- Paraffin
- Desensitization/Sensory Re-education
- Fluidotherapy
- Edema Control

Custom Orthotic

- Type:
- Static volar dorsal clamshell
 - Static Progressive flexion extension
 - Dynamic flexion extension

Joint Included:

- Digit DIP PIP MCP
- Thumb CMC MP IP
- Wrist
- Forearm
- Elbow

Orthotic Use:

- PRN
- Continuous
- Protective
- Nighttime

Prefabricated Orthotic/Supplies

- Joint Jack Orthosis
- LMB/Capner Dynamic Finger Extension Orthotic
- Edema Control Device
- Scar Pads
- Putty
- Other _____

Requested Location _____ *optional* Requested Therapist _____ *optional*

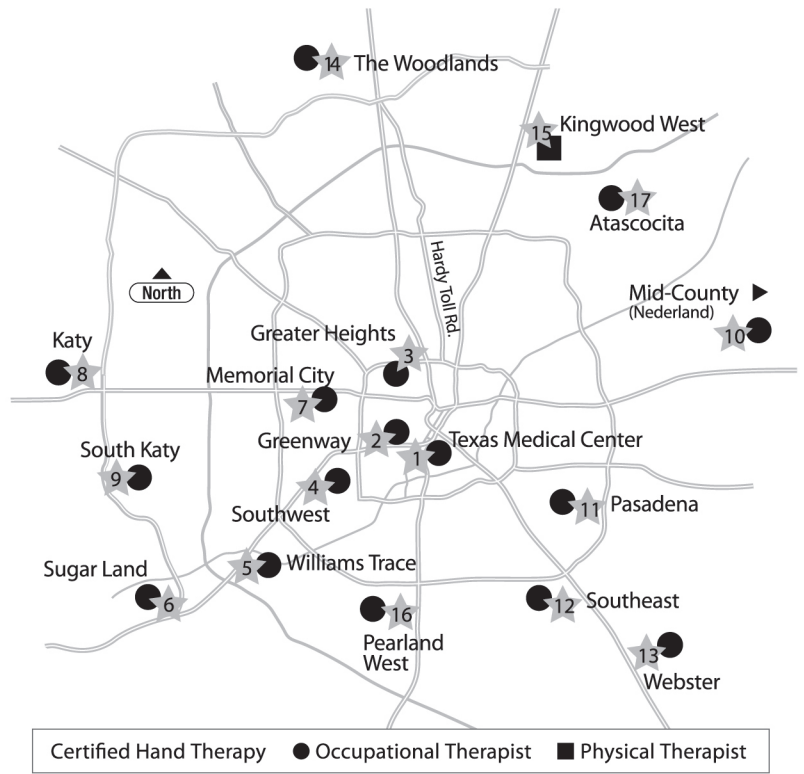
Next physician appointment _____

Provider Signature Print Name NPI/MHHS ID. Date Time AM PM Contact No.



Hand Therapy Locations

- 1 Memorial Hermann | Rockets Sports Medicine Institute – Texas Medical Center
6400 Fannin St., Suite 1620, Houston, TX 77030
P 713.704.9602 F 713.704.9005
- 2 Memorial Hermann Sports Medicine & Rehabilitation – Greenway
3651 Wesleyan, Suite 110, Houston, TX 77046
P 713.850.8472 F 713.850.8490
- 3 Memorial Hermann Sports Medicine & Rehabilitation – Greater Heights
300 North Loop W., Suite 300, Houston, TX 77018
P 713.867.2300 F 713.867.2545
- 4 Memorial Hermann Sports Medicine & Rehabilitation – Southwest
7789 Southwest Fwy., Medical Plaza 4, Suite 570
Houston, TX 77074
P 713.456.5221 F 713.456.5229
- 5 Memorial Hermann Sports Medicine & Rehabilitation – Williams Trace
14857 Southwest Fwy., Suite C-303
Sugar Land, TX 77478
P 281.242.8900 F 281.242.0355
- 6 Memorial Hermann | Rockets Sports Medicine Institute – Sugar Land
17510 W. Grand Parkway S., Suite 100
Sugar Land, TX 77478
P 281.725.5895 F 281.725.5898
- 7 Memorial Hermann | Rockets Sports Medicine Institute – Memorial City
929B Gessner Rd., Suite 101, Houston, TX 77024
P 713.242.2270 F 713.242.3931
- 8 Memorial Hermann | Rockets Sports Medicine Institute – Katy
23910 Katy Fwy., Suite 100, Katy, TX 77494
P 281.500.6100 F 281.500.6101
- 9 Memorial Hermann Sports Medicine & Rehabilitation at Convenient Care Center in Katy
22430 Grand Corner Dr., Katy, TX 77494
P 281.371.1850 F 281.371.1851
- 10 Memorial Hermann Sports Medicine & Rehabilitation – Mid-County
3512 Highway 365, Nederland, TX 77627
P 409.722.7116 F 409.722.7450
- 11 Memorial Hermann Sports Medicine & Rehabilitation – Pasadena
4804 E. Sam Houston Pkwy. S., Suite 200
Pasadena, TX 77505
P 281.487.4457 F 281.991.0336
- 12 Memorial Hermann Sports Medicine & Rehabilitation – Southeast
11914 Astoria Blvd., Suite 620, Houston, TX 77089
P 281.929.4475 F 281.929.6276



- 13 Memorial Hermann Sports Medicine & Rehabilitation – Webster
19419-3 Gulf Fwy., Webster, TX 77598
P 281.488.2815 F 281.488.2844
- 14 Memorial Hermann | Rockets Sports Medicine Institute – The Woodlands
9305 Pinecroft Dr., Suite 450
The Woodlands, TX 77380
P 713.897.7930 F 281.897.2632
- 15 Memorial Hermann Sports Medicine & Rehabilitation – Kingwood West
601 Rockmead Dr., Kingwood, TX 77339
P 713.814.2530 F 713.407.3844
- 16 Memorial Hermann | Rockets Sports Medicine Institute – Pearland
11049 Memorial Hermann Dr., Suite 150
Pearland, TX 77584
P 713.436.8869 F 713.436.1838
- 17 Memorial Hermann Sports Medicine & Rehabilitation – Atascocita
13531 Will Clayton Pkwy. Suite 600, Humble, TX 77346
P 713.814.2520 F 713.704.3891

For Appointments and Scheduling:
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memorialhermann.org/therapy

**MEMORIAL
HERMANN**
Sports Medicine &
Rehabilitation