

**Referral for Rehabilitation Services
Pelvic Health Physical Therapy**

Phone: 713.521.0020 or 1.888.301.8477
Fax: 713.874.1798 memorialhermann.org

Date: _____ Precautions: _____
 Patient Name: _____ Phone: _____
 Diagnosis: _____ ICD Code: _____
 Date of Injury: _____ Date of Surgery: _____ Procedure: _____
 Frequency (Days/week) _____ for Duration: _____ weeks
 Physical Therapy Evaluate & Treat Reason for Referral: _____

BACK PAIN

- Low Back Pain (M54.50)
- Radiculopathy (M54.10)
- Sacrococcygeal (Coccygodynia) _____
- Sciatica (M54.30)
- SI Joint _____
- Other: _____

BOWEL

- Coccygodynia _____
- Constipation (K59.____)
- Fecal Incontinence (R15.9)
- Full Incontinence of Feces (R15.9)
- Fecal Smearing (R15.1)
- Fecal Urgency (R15.2)
- Flatulence (R14.3)
- Incomplete Defecation (R15.0)
- Irritable Bowel Syndrome (K58.1)
- Obstructive defecation (N13.9)
- Proctalgia Fugax (K59.4)
- Slow Transit Constipation (K59.01)

PELVIC INJURY

- Abdominal Pain (R10.____)
- Dysmenorrhea (N94.____)
- Ehlers-Danlos Syndrome (Q79.____)
- Lower Abdominal Pain (R10.30)
- Pelvic Muscle Wasting (N81.84)
- Perimenopause/Menopause (N95.____)
- Sacrococcygeal (Coccygodynia) _____
- Stress Fracture of Pelvis (M84.350__)

PELVIC PAIN

- Anal Spasms (K59.4)
- Bladder Pain (R39.82)
- Dyspareunia (N94.1__)
- Endometriosis (N80.____)
- Erectile Dysfunction (N52.____)
- Interstitial Cystitis (N30.____)
- Levator Spasm _____
- Pelvic & Perineal Pain (R10.2)
- Premature Ejaculation (F52.4)
- Proctalgia Fugax (K59.4)
- Prostatodynia (N42.81)
- Sexual Pain Dysfunction _____
- Scrotal Pain (N50.82)
- Vaginismus (N94.2)
- Vulvar Vestibulitis (N94.810)
- Vulvodynia (N94.81__)

PROLAPSE

- Cystocele (N81.1__)
- Female Genital Prolapse (N81.9)
- Rectocele (N81.6)
- Urethrocele (N81.0)
- Uterovaginal Prolapse (N81.____)

URINARY

- Incomplete Bladder Emptying (R39.14)
- Interstitial Cystitis (N30.1__)
- Neurogenic Bladder (N31.____)
- Nocturia (R35.____)
- Nocturnal Enuresis (N39.44)

URINARY (Con't)

- Mixed Incontinence (N39.46)
- Overactive Bladder (N32.81)
- Overflow Incontinence (N39.490)
- Poor/Weak Stream (R39.12)
- Post-Void Dribble (N39.43)
- Splitting of Stream (R39.13)
- Stress Urinary Incontinence (N39.3)
- Urge Incontinence (N39.41)

PRENATAL/POST-PARTUM

- Broad Ligament Pain (M24.20)
- Diastasis Recti (M62.81)
- Posture Dysfunction _____
- Pubic Symphysis Separation (O26.72)
- Pubic Symphysis Sublux (O26.71__)
- Round Ligament Pain (M24.20)
- Traumatic Rupture Pubic Symphysis (S33.4XX)
- Other: _____

PRE/POST-OP

- Bladder Lift _____
- Enlarged Prostat (D29.1)
- Gender Affirmation _____
- Hysterectomy _____
- Pelvic Organ Prolapse Repair _____
- Robotic Radical Prostatectomy _____

PROCEDURES

- Biofeedback
- Bladder Training
- Bracing
- Coccyx Mobilization
- Dry Needling
- Electrical Stimulation
- Home Exercise Program
- Labor & Delivery Strategies
- Pelvic Floor Strengthening
- PTNS- Percutaneous Tibial Nerve Stimulation (PFHC location)
- Scar Mobs
- Taping
- _____

AM
 PM

Provider Signature _____ Print Name _____ NPI/MHHS ID. _____ Date _____ Time _____ Contact No. _____

Physician signature required, stamp is not valid



Pelvic Floor Health Locations

- 1 Memorial Hermann Sports Medicine & Rehabilitation – The Woodlands
9180 Medical Plaza, Suite 200,
Medical Plaza 4
The Woodlands, TX 77380
P: 713.897.2549 F: 713.897.2544
- 2 Memorial Hermann Sports Medicine & Rehabilitation – Greenway Plaza
3651 Wesleyan St., Suite 110
Houston, TX 77027
P: 713.850.8472 F: 713.850.8490
- 3 Pelvic Floor Health Center – Memorial City
925 Gessner Rd., Suite 350,
Medical Plaza 4
Houston, TX 77024
P: 713.295.8201 F: 713.295.8215
- 4 Memorial Hermann Sports Medicine & Rehabilitation – Williams Trace
14857 Southwest Fwy.
Sugar Land, TX 77478
P: 281.242.8900 F: 281.242.0355
- 5 Memorial Hermann Sports Medicine & Rehabilitation – Webster
19419 Gulf Fwy., Suite 3
Webster, TX 77598
P: 281.488.2815 F: 281.488.2844
- 6 Memorial Hermann Sports Medicine & Rehabilitation – Fall Creek
9522 N. Sam Houston Pkwy. E., Suite 2330
Humble, TX 77396
P: 713.814.2510 F: 713.704.3890
- 7 Memorial Hermann Sports Medicine & Rehabilitation – Cypress
27700 Northwest Fwy., Suite 130
Cypress, TX 77433
P: 346.231.6900 F: 346.231.6901
- 8 Memorial Hermann Sports Medicine & Rehabilitation – Katy
23960 Katy Fwy., Suite 100,
Medical Plaza 2
Katy, TX 77494
P: 281.644.7880 F: 281.644.7888

