

**Referral for Rehabilitation Services  
Pelvic Health Physical Therapy**

Phone: 713.521.0020 or 1.888.301.8477

Fax: 713.874.1798 memorialhermann.org

Date: \_\_\_\_\_ Precautions: \_\_\_\_\_  
 Patient Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Diagnosis: \_\_\_\_\_ ICD Code: \_\_\_\_\_  
 Date of Injury: \_\_\_\_\_ Date of Surgery: \_\_\_\_\_ Procedure: \_\_\_\_\_  
 Frequency (Days/week) \_\_\_\_\_ for Duration: \_\_\_\_\_ weeks  
☐ Physical Therapy ☐ Evaluate & Treat Reason for Referral: \_\_\_\_\_

**BACK PAIN**

- ☐ Low Back Pain (M54.50)  
☐ Radiculopathy (M54.10)  
☐ Sacrococcygeal (Coccygodynia) \_\_\_\_\_  
☐ Sciatica (M54.30)  
☐ SI Joint \_\_\_\_\_  
☐ Other: \_\_\_\_\_

**BOWEL**

- ☐ Coccygodynia \_\_\_\_\_  
☐ Constipation (K59.\_\_\_\_)  
☐ Fecal Incontinence (R15.9)  
☐ Full Incontinence of Feces (R15.9)  
☐ Fecal Smearing (R15.1)  
☐ Fecal Urgency (R15.2)  
☐ Flatulence (R14.3)  
☐ Incomplete Defecation (R15.0)  
☐ Irritable Bowel Syndrome (K58.1)  
☐ Obstructive defecation (N13.9)  
☐ Proctalgia Fugax (K59.4)  
☐ Slow Transit Constipation (K59.01)

**PELVIC INJURY**

- ☐ Abdominal Pain (R10.\_\_\_\_)  
☐ Dysmenorrhea (N94.\_\_\_\_)  
☐ Ehlers-Danlos Syndrome (Q79.\_\_\_\_)  
☐ Lower Abdominal Pain (R10.30)  
☐ Pelvic Muscle Wasting (N81.84)  
☐ Perimenopause/Menopause (N95.\_\_\_\_)  
☐ Sacrococcygeal (Coccygodynia) \_\_\_\_\_  
☐ Stress Fracture of Pelvis (M84.350\_\_\_\_)

**PROCEDURES**

- ☐ Biofeedback  
☐ Bladder Training  
☐ Bracing  
☐ Coccyx Mobilization  
☐ Dry Needling

**PELVIC PAIN**

- ☐ Anal Spasms (K59.4)  
☐ Bladder Pain (R39.82)  
☐ Dyspareunia (N94.1\_\_\_\_)  
☐ Endometriosis (N80.\_\_\_\_)  
☐ Erectile Dysfunction (N52.\_\_\_\_)  
☐ Interstitial Cystitis (N30.\_\_\_\_)  
☐ Levator Spasm \_\_\_\_\_  
☐ Pelvic & Perineal Pain (R10.2)  
☐ Premature Ejaculation (F52.4)  
☐ Proctalgia Fugax (K59.4)  
☐ Prostatodynia (N42.81)  
☐ Sexual Pain Dysfunction \_\_\_\_\_  
☐ Scrotal Pain (N50.82)  
☐ Vaginismus (N94.2)  
☐ Vulvar Vestibulitis (N94.810)  
☐ Vulvodynia (N94.81\_\_\_\_)

**PROLAPSE**

- ☐ Cystocele (N81.1\_\_\_\_)  
☐ Female Genital Prolapse (N81.9)  
☐ Rectocele (N81.6)  
☐ Urethrocele (N81.0)  
☐ Uterovaginal Prolapse (N81.\_\_\_\_)

**URINARY**

- ☐ Incomplete Bladder Emptying (R39.14)  
☐ Interstitial Cystitis (N30.1\_\_\_\_)  
☐ Neurogenic Bladder (N31.\_\_\_\_)  
☐ Nocturia (R35.\_\_\_\_)  
☐ Nocturnal Enuresis (N39.44)

**URINARY (Con't)**

- ☐ Mixed Incontinence (N39.46)  
☐ Overactive Bladder (N32.81)  
☐ Overflow Incontinence (N39.490)  
☐ Poor/Weak Stream (R39.12)  
☐ Post-Void Dribble (N39.43)  
☐ Splitting of Stream (R39.13)  
☐ Stress Urinary Incontinence (N39.3)  
☐ Urge Incontinence (N39.41)

**PRENATAL/POST-PARTUM**

- ☐ Broad Ligament Pain (M24.20)  
☐ Diastasis Recti (M62.81)  
☐ Posture Dysfunction \_\_\_\_\_  
☐ Pubic Symphysis Separation (O26.72)  
☐ Pubic Symphysis Sublux (O26.71\_\_\_\_)  
☐ Round Ligament Pain (M24.20)  
☐ Traumatic Rupture Pubic Symphysis (S33.4XX)  
☐ Other: \_\_\_\_\_

**PRE/POST-OP**

- ☐ Bladder Lift \_\_\_\_\_  
☐ Enlarged Prostat (D29.1)  
☐ Gender Affirmation \_\_\_\_\_  
☐ Hysterectomy \_\_\_\_\_  
☐ Pelvic Organ Prolapse Repair \_\_\_\_\_  
☐ Robotic Radical Prostatectomy \_\_\_\_\_

☐ I, referring provider, attest that I have discussed this referral with the patient, and the patient has provided consent to the sharing of their demographic and contact information with Memorial Hermann or its affiliated providers for the purposes related to this referral, including: (1) telephone calls and text messages regarding health care, including but not limited to scheduling, reminders, and medication refills; (2) email or mail communications regarding health care, including but not limited to scheduling, reminders, and medication refills; and (3) other information regarding my health care, billing and health related services and benefits. I have instructed the patient if they wish to revoke this consent, they may contact Memorial Hermann at 713-222-CARE (2273) or opt out directly after receipt of communication.

☐ AM  
☐ PM

\_\_\_\_\_  
 Provider Signature      Print Name      NPI/MHHS ID.      Date      Time      Contact No.

*Physician signature required, stamp is not valid*



# Pelvic Floor Health Locations

**1 Memorial Hermann Sports Medicine & Rehabilitation – The Woodlands**

9180 Medical Plaza, Suite 200,  
Medical Plaza 4  
The Woodlands, TX 77380  
P: 713.897.2549 F: 713.897.2544

**2 Memorial Hermann Sports Medicine & Rehabilitation – Greenway Plaza**

3651 Weslayan St., Suite 110  
Houston, TX 77027  
P: 713.850.8472 F: 713.850.8490

**3 Pelvic Floor Health Center – Memorial City**

925 Gessner Rd., Suite 350,  
Medical Plaza 4  
Houston, TX 77024  
P: 713.295.8201 F: 713.295.8215

**4 Memorial Hermann Sports Medicine & Rehabilitation – Williams Trace**

14857 Southwest Fwy.  
Sugar Land, TX 77478  
P: 281.242.8900 F: 281.242.0355

**5 Memorial Hermann Sports Medicine & Rehabilitation – Webster**

19419 Gulf Fwy., Suite 3  
Webster, TX 77598  
P: 281.488.2815 F: 281.488.2844

**6 Memorial Hermann Sports Medicine & Rehabilitation – Fall Creek**

9522 N. Sam Houston Pkwy. E., Suite 2330  
Humble, TX 77396  
P: 713.814.2510 F: 713.704.3890

**7 Rockets Sports Medicine Institute – Cypress**

27646 Northwest Fwy., Suite 150  
Cypress, TX 77433  
P: 346.231.6900 F: 346.231.6901

**8 Memorial Hermann Sports Medicine & Rehabilitation – Katy**

23960 Katy Fwy., Suite 100,  
Medical Plaza 2  
Katy, TX 77494  
P: 281.644.7880 F: 281.644.7888

