

## Diabetes Support Group

## **Meeting Dates:**

March 6
June 5
September 4
December 4

All meetings will be held at 6 p.m. You and your loved ones are invited to join our diabetes support group to better understand diabetes and discuss ways to live a healthy lifestyle, in a community with others who have been touched by the disease. This support group is facilitated by Memorial Hermann Certified Diabetes Care and Education Specialists.

## Everyone is welcome and encouraged to join!

All meetings are free and will be hosted on Zoom. A call-in option will also be available. Zoom details will be emailed one week prior to the meeting date and on the day of the meeting.

## To register and for more information:

**Email**: DiabetesEducators@memorialhermann.org **Visit**: memorialhermann.org/diabetes

